

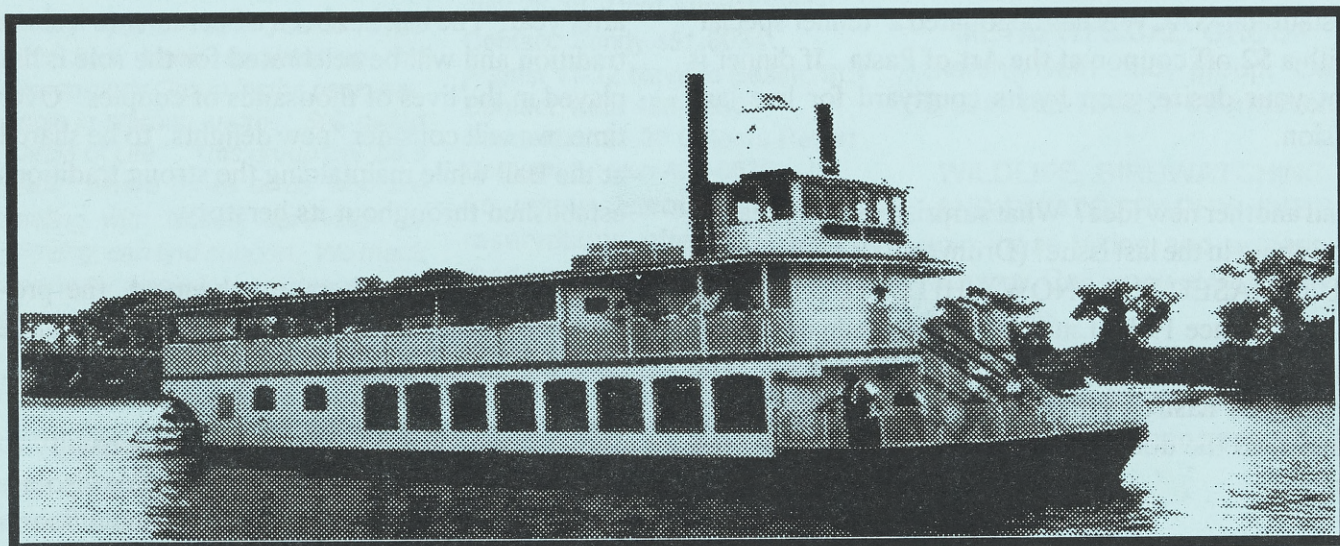
SACWN

SACRAMENTO AREA CAREER
WOMEN'S NETWORK INC.

VOLUME 11, NO. 5

MAY, 1995

SACWN GOES CRUISING



Join SACWN and cruise the Sacramento River on the paddlewheel riverboat "Matthew McKinley" on May 19th. This boat was completed in November 1983 and patterned after the "Isleton" a passenger cargo sternwheeler that operated between Stockton and Sacramento from 1903 to the late 1920's.

Our two hour sunset cruise will include hors d'oeuvres and a cash bar. Taped music will be available for the "dancing feet" in the crowd. The boat will leave the dock at 6:30 p.m. and return at 8:30 p.m. To complete your evening in Old Sacramento, we have arranged for a special dinner price of \$2 off any entree at the Art of Pasta Restaurant. (See page 4.) Capacity for the trip is limited to 155 women. Tickets must be purchased in advance.

DATE:	Friday, May 19, 1995
PLACE:	Front and L Streets, Sacramento
TIME:	6:00 p.m. Boarding; Sail at 6:30 p.m. promptly
TICKETS:	\$24.50 Subscribers \$29.50 Non-subscriber

See order form on inside back cover of this newsletter. An event for women over 21 only.



FROM THE STEERING COMMITTEE

It is time to try some new and exciting ideas. The SACWN May event will be just one of those ideas. We have rented a paddlewheel riverboat to take you cruising on the river. (Who says only Olivia has great cruises?)

You can make an evening to remember in Old Sacramento. After the cruise, enjoy dinner at a nearby restaurant. SACWN has negotiated a "dinner special" with a \$2 off coupon at the Art of Pasta. If dinner is not your desire, stop by its courtyard for live jazz fusion.

And another new idea? What surprise were we teasing you about in the last issue? (Drum roll!) SACWN HAS PURCHASED THE SNOW WHITE CHAMPAGNE BALL. Since 1976, Linda Birner has been producing the annual Snow White Ball in early December. Who among us hasn't rented a tux, polished our shoes, smoothed the doo and cut the rug at the Ball at least once?

SACWN STEERING COMMITTEE

Rosemary Mettrailer, Corporate Coordinator
(916) 447-7255

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(916) 424-3153

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SACWN, Inc.
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SACWN, Inc. newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from SACWN, Inc. Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. For more information, contact Sandy Virago at 451-8034.

SACWN will now produce the Snow White Ball in the grand tradition begun by Linda. Starting on December 9, 1995, you will be invited to the SACWN Snow White Champagne Ball!

What does this mean to SACWN and SACWN members? First, it means that the elegance that is the Snow White Ball will continue and grow, year after year. The ball has been a Sacramento lesbian tradition and will be celebrated for the role it has played in the lives of thousands of couples. Over time, we will consider "new delights" to be shared at the Ball while maintaining the strong traditions established throughout its herstory.

With SACWN members' involvement, the proceeds from the ball will support more innovative SACWN programming throughout the year.

We are very pleased to have this opportunity to bring you new and exciting events. We also are happy to announce that the Third Annual Sacramento Women's Gathering **will** be held at Camp Augusta again this year. Look for that story elsewhere in the newsletter.

Your involvement and support continues to make SACWN a very safe and precious resource for lesbians in the Sacramento area. Thank you!

SACWN ADVERTISING RATES

Type	Member	Non-Mem
Business Card	\$25	\$37
3 1/4 x 1 3/4		
Two-column ad	\$40	\$60
4 1/2 x 2 3/4		
Quarter page	\$50	\$75
3 1/2 x 4 1/2		
Half page	\$90	\$135
7 1/8 x 4 1/2		
or 3 1/2 x 9 1/2		
Full page	\$160	\$240
7 1/2 x 9 1/2		
Classified ads (per word)		.40 .60
Discounts	1 year	20%
(pre-paid)	1/2 year	10%



SPECIAL INTEREST GROUPS - MAY

There is so much going on that you didn't hear about it all last month! This page was so full in April that the information about two SIG groups (Moms and Kids and Culture Club) slid to the "clip board of the computer" and never got back in print. Apologies to both these groups and a promise to be more careful!

A very special thank you to Angie who has been facilitating the Newcomer's Group for the past year. Angie is starting another SIG called "Circle of Life". This group will "be a place" where those of us who are dealing with illness, surviving or grieving, can find support. We thank and honor Angie for her compassion and commitment. Always a teacher, she is again preparing us for the times ahead.

SINGLE CONNECTION

Call **Debbie** at **209-334-0366** for the details of the fun on the 20th.

TOP TEN

A lucky thirteen had a great time at dinner last month. On Friday May 12th, join us for dinner at Hamburger Mary's. Call Dee for reservations by Thursday (5/11). On Sunday May 21, Gayle will be our host for a monthly meeting. Call Dee at **443-2377** for details.

HIKING

Call **Nancy** at **454-5847** for the details of the May event.

COUPLES GROUP

It's game night on Saturday, May 6 at 7:30 p.m. Join us for pool, cards or bring your favorite game to Diana and Julie's. Also bring a snack to share. For information, call Leshia and Cinder at **676-0641**.

RAINBOW CAMPERS

The following camping schedule has been set for 1995:

May 5-6 Casini Ranch Russian River
Contact: Carolyn & Nancy 381-8175
July 1-5 Lake Siskyou, Mt. Shasta
Contact: RV: Vicki 641-7865

Tents & Pickups Jay 366-7916
July 28-30, Third Annual SWG,
Contact: Sandy 451-8034
August 11-12 Nevada Beach, SLT
Contact: Kate 483-7064
September 29-30 Coloma Resort
Contact: Sharon 421-6639

To insure adequate campsites reservations often need to be made months in advance. Take a minute to check your schedule and then call the coordinator for the trips you'd like to take ASAP. For general information, call **Casey** at **366-7362**. Let's camp!

FLY FISHERWOMEN

Can you tie flies with the best of them? This is your group! Call **Beth** at **455-0904**.

LESBIAN OWNED

Next meeting is scheduled for May 6 at 11:00 a.m. Topic: "The most difficult part of owning (or considering owning) a business for me is" All are welcome. Call **Sandy** at **451-8034** for info.

BRIDGE GROUP

Interested in playing bridge? Any level of skill welcomed. Meetings every other Sunday in March. Call **Lenora** after 6 p.m. for more information at **444-0102**.



CIRCLE OF LIFE

A support group for women, their partners and others who are dealing with terminal illness (at any level). The group will meet bi-weekly on Tuesdays starting on May 9th at 7 p.m. Call **Angie** at **395-4147** for details.

METAPHYSICAL GROUP

Starting Seth study group. Call **C.J.** at **366-7362** for information.

WILDLIFE, BIRDWATCHING AND PHOTOGRAPHY HIKES

Join these hiking and exploring women. Call **Linda** at **921-9052** for details.

THE WALKING GROUP

Let's walk! **Reina** can be reached at **448-5412**.

POKER

We love poker. Want to join us for a game? Call **Kym** and **Jane** at **649-1182**.

CULTURE CLUB

Call **Ann** at **927-6038** to find out what these cultural women are doing!

MOMS AND KIDS

Interested in meeting with other mothers and mothers to be? We meet the first weekend of the month, usually Saturday. Call **Terisa** at **753-0329**.

NON-SMOKER'S COUPLES GROUP

Non-smoker's couples group meeting - Saturday evenings. Call **P.J.** or **Berta** at **966-2243** for details.



SACWN CALENDAR

Friday, May 19

SACWN Cruises on the River

Join SACWN for a private cruise at sunset on the Riverboat Matthew McKinley. The two hour tour of the Sacramento River will include hor d'oeuvres and a cash bar.

Want to car pool with someone to Old SAC? The parking lot at the SACWN office, 3031 F Street would be a good place to meet and leave vehicles.

And to round out your evening in Old Sacramento, the Art of Pasta (1107 Front Street, just down the alley from the boat docking) has offered \$2 off any entree with the following coupon. Art of Pasta will have a 5 piece jazz group, called "Local Hero" playing in its outdoor courtyard. The group plays contemporary, progressive and fusion. Entree prices at the Art of Pasta range from \$8.95 to \$14.95.

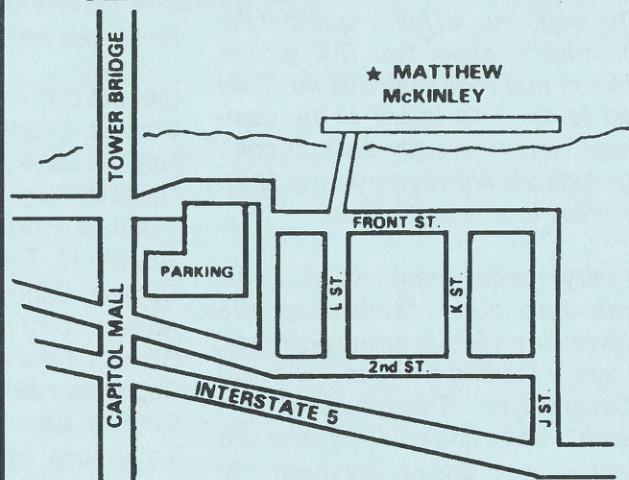
SACWN Coupon

**for \$2 off
any entree at
Art of Pasta**

**1107 Front Street
on Friday,
May 19, 1995**

**Good for up to four persons.
Coupon must be presented
at time of ordering.**

OLD SACRAMENTO WATERFRONT



DIRECTIONS

All cruises depart from the "L" Street Landing in Old Sacramento. From Interstate 5 take the "J" Street off-ramp and follow the signs to Old Sacramento. Offices located at 1207 Front St. # 18, Old Sacramento

Friday, June 23

SACWN Goes to the Theater

It will be SACWN night at the Lambda Player's production of *Last Summer at Bluefish Cove*. Prior to the performance at Sierra 2, SACWN will host a wine and cheese reception in the courtyard next to the theater. The play is about lesbian friends who vacation every summer at Bluefish Cove. It is filled with laughter, tears, joy and love and is a "classic" for our community. Tickets must be purchased in advance.

THE THIRD ANNUAL SACRAMENTO WOMEN'S GATHERING July 28-30, 1995

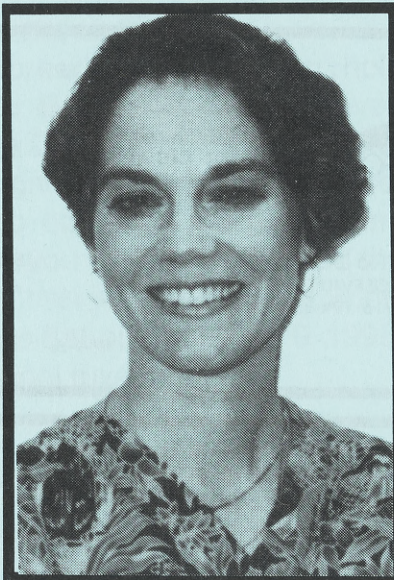
At Camp Augusta, Nevada City, CA

We have just learned that we will be able to rent this beautiful campground for the third year of our gathering. Mark your calendars. The waterfall (almost dry last year from the drought) should be spectacular!

SACWN^{INC.}

SUCCESSFUL SACWNITE

Jeanette Hess always knew that she wanted to work in the medical field, but it took several different starts for her to find the niche she now enjoys. Born and raised in San Diego, California, she began studying pre-med at UC San Diego with the hopes of getting into a



physical therapy school. When that didn't materialize, she transferred to UC Davis and graduated with a degree in Exercise Physiology. Her first job was selling artificial hips and knees to hospitals in Northern California. "I handled a district from Chico to Modesto. I've been in every hospital in between those two cities. But, I just hated direct sales!"

Wanting to be more involved with people, Jeanette went to American River College and got a degree in Respiratory Therapy. "I looked at the subservient role that nurses were then playing in patient care and decided that another medical field would be best. So I spent the next eight years at the Sutter Hospital Intensive Care Unit providing pediatric and adult ventilator care. One exciting aspect of the job was the neo-natal transport work. At a moment's notice, we would fly to a rural hospital to bring an infant back to Sutter for care." She became certified as a Pulmonary Function Technologist and worked directly with patients in analyzing their breathing problems.

"I realized in the early nineties that hospitals were undergoing major internal restructuring and I began to recognize the dynamic role that nurses were now playing in patient care. My stereotypic view of nursing evolved and I saw that a nurse could make a difference. So I went back to school again and got

a Bachelor Degree in Nursing."

Now at UC Davis Medical Center, Jeanette provides pediatric special care to patients from one week old to 16 years old. "Where else can you find a job when you can color and blow bubbles in the same night? Really, in this area of care, I can make a difference in the lives of the patient and his or her family." Jeanette works the a twelve hour night shift, three times a week. "I have time with my patients, to provide the kind of care that I want to give. In dealing with the beginning of life, I find my patients are more honest and open. Sometimes, when they are too young to talk, I have to trust my assessment skills and intuition to find out where it hurts."

To relax, Jeanette plays the bag pipes in a City of Sacramento pipe band. She has participated in competitions across the state. She plays the flute and saxophone and has done gigs for local musicians around town. She enjoys camping and kyaking and recently returned from the Napal Coast of Kauai, Hawaii. She share her life with her lovely partner of ten years, Susan, and an old dog and cat.

Jeanette "came out" in her senior year of high school. "I really didn't understand until I was in my first relationship. Finally, it was like a glove that fit and I realized being with a man would not be right for me." She was a founding member of the Sacramento Area Speakers Bureau which was organized to fight the Briggs Initiative. She is still a member of a panel for the Sacramento Police Department in diversity training.

"My parents instilled a strong work ethic in me, and I grew up with the belief that failure wasn't an option. While that underlies my success, it doesn't allow me to always be gentle with myself. To me, success is not being afraid to attempt new challenges and not being afraid to challenge myself. I have been successful at most everything I set my sights on, but I also now know there is more to life than striving to exhaustion."



IN THE COMMUNITY

Wednesday, May 10, 1995, 11:00 a.m. to 12:30 p.m. - Stop the Heartache of Gun Violence. A demonstration on the west steps of the Capitol. Bring a photo of a child you want to protect from gun violence. During the next year, thousands of photos of children with messages calling for action will be distributed to lawmakers. Sponsors include Women Against Gun Violence, WILPF, CA Council of Churches, OWL (Sacramento) and League of Women Voters. For information, call 510-444-6191, Ext. 308.


Sunday, May 14, 1995 - The Lambda Community Center presents: The Flirtations, with Special Guest: Suede. Crest Theater, 1013 K Street, Sacto, 8:00 p.m. \$18 General Admission. Benefits Lambda's programs of AIDS Education, HEAL (Breast Cancer) and Youth Programs. For information call 442-0185.

Saturday, May 20, 1995 - Wellspring Women's Center Sixth Annual Golf Tournament. Exercise, fun and a great cause. What could be better? Join this shotgun start game at the Lighthouse Golf and Country Club in West Sacramento. See registration form in April SACWN newsletter. For information call Michael Mary at 451-7327.

Thursday, May 25, 1995 - 35+ Lesbian Support. A experienced facilitator guides wimmin in friendly discussions once a month in a Loomis home. All members are screened and a \$3 donation is requested. 632-7080 - 24 hours.

Saturday, June 3, 1995 - CAP/PAC 7th Annual Gala Dinner. Speaker will be Assemblywoman Sheila Kuehl, the first openly lesbian or gay member of the Cali-

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fornia Assembly. Tickets are \$85. Call Cathi Meyers at 631-7171.

Friday, August 25, 1995 - Celebrate the 75 Years of Votes for Women. West steps of Capitol from 10 a.m. to 2 p.m. A coalition of local groups is forming to celebrate the 19th Amendment Julilee! For information, call 736-6900. (Anyone interested in helping with the planning. Certainly lesbians should be involved to follow in the footsteps of Alice Paul.)



SACWN SAYS...

So did you love the surprise?

It is bigger than a breadbox, and you can't hold the **Snow White Ball** in your hand (even though it is a ball!) Of course the color is **white** and **snow** does give you a chill. Thanks to those of you who called on the phone and begged me to tell you the secret. I loved the bribes! Yes, SACWN will produce the Snow White Champagne Ball on December 9, 1995. Now, who rents cool tuxedos?

Karen Anne Watson

Artist

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Film Festival a Hit...

More than 220 women watched the four films shown by SACWN at the April meeting. There was something for everyone in the film mix. *Coming Out is a Many Splendored Thing* challenged us to laugh at ourselves and the early dating stages some of us endure. *A World of Light* was a beautiful glimpse into the life of May Sarton, a lesbian writer and poet. Filmed in her home, she read from her books and talked about her life and her preparation for her death. She talked of her lovers and being "an out lesbian" for the past 50 years. And, she spoke of the disappointment of working as a writer and not getting critical recognition from one's peers and editors.

DYKE TV was a taste of how television news shows should be. A lesbian "20-20", it featured the best of interviews and news from weekly television programs produced by *DYKE TV*, a lesbian owned production company in New York City.

The last film, *Et L'Amour*, was filmed in San Francisco and Paris. It contrasted two women lovers and their love-making with an architectural journey through the streets of Paris. As the passion in the women grew, the intensity and depth of the visual journey increased.

The number of lesbian films that are being planned for release in commercial theaters in the near future is staggering. To ensure that these films are made, acted and produced by lesbian artist will require support for up and coming film makers and actors. The SACWN Film Festival can be the venue and opportunity to view the early work of student filmmakers.



THE THIRD ANNUAL SACRAMENTO WOMEN'S GATHERING

For the past two years, a group of SACWNites and their friends have gathered in July at a campground in Nevada City called Camp Augusta. Amid a natural setting of tall pine trees, women get to know each other, share their stories and have a weekend of fun filled women energy.

We were informed last year that we would not be able to rent the campground until litigation regarding its ownership was settled. We searched for another site, but none was as perfect for our needs as Camp Augusta. Just last week, we received a call that the law suit was over and the camp was again available for rent. We quickly secured the weekend of July 28-30, 1995 for our use.

The camp has been owned by the Piedmont Council of Camp Fire which lost its charter in a consolidation move by the National Organization. The Piedmont group changed its name to Camp Augusta and fought and won in federal court to retain the ownership of the camp, honoring the wishes of the original donors.

With clear and rightful ownership now settled, Camp Augusta, Inc. has hired a new manager and begun the repairs needed to upgrade and maintain the structures at the site. One project undertaken by volunteers this year will be the restoration of the Glade. The Glade area is an overgrown and unused amphitheater which will be restored to its original natural beauty.

The contract for the use of Camp Augusta by SACWN is currently being negotiated. A flier will be mailed to all on the mailing list in mid May. The format of the weekend will be similar to the past.

We arrive at the campground on Friday, July 28th after 4 p.m. All meals are provided and each person is asked to take a work shift in the kitchen. There are organized activities (volleyball games, canoeing, a dance on Saturday night) as well as lots of time to enjoy the beauty of the setting. A private waterfall is within a half mile hike and offers a spectacular treat for sun worshipers. The closing circle is held at noon and we leave by 1 p.m. There is limited space for RV's, no hookups and not much privacy. Cabins with bunk beds and hot showers are available as well as tent camping. Watch your mailbox for more details.

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CATEGORIES	RATES
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Limited Income Subscriber* (Student/Senior/Disabled)	\$24/year
Sustaining Subscriber**	\$48/year

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3031 F Street, Suite 201, Sacramento, CA 95816**

Name(1)	Name(2)

Address _____	
City _____	State _____ Zip _____
Phone(H) _____	(H) _____
Phone(W) _____	(W) _____
Career Interests	
(1) _____	
(2) _____	

This form is NOT a permanent record. Please note: Names on checks are listed in our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail. If subscribing by cash, please make your payment at the next meeting you attend. A \$10 fee will be charged on returned checks.

WAIVER - I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICIPATION IN SACWN, INC. EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENUOUS ACTIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING, ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.

Signature _____ Date _____

Signature _____ Date _____

*LIMITED INCOME - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

* SENIORS - Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

**SUSTAINING - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

THE SACWN CRUISE

Mail in Ticket Form

Friday, May 19, 1995

6:00 p.m. Boarding

6:30 p.m. Boat Leaves Dock

Front and L Streets
Sacramento

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

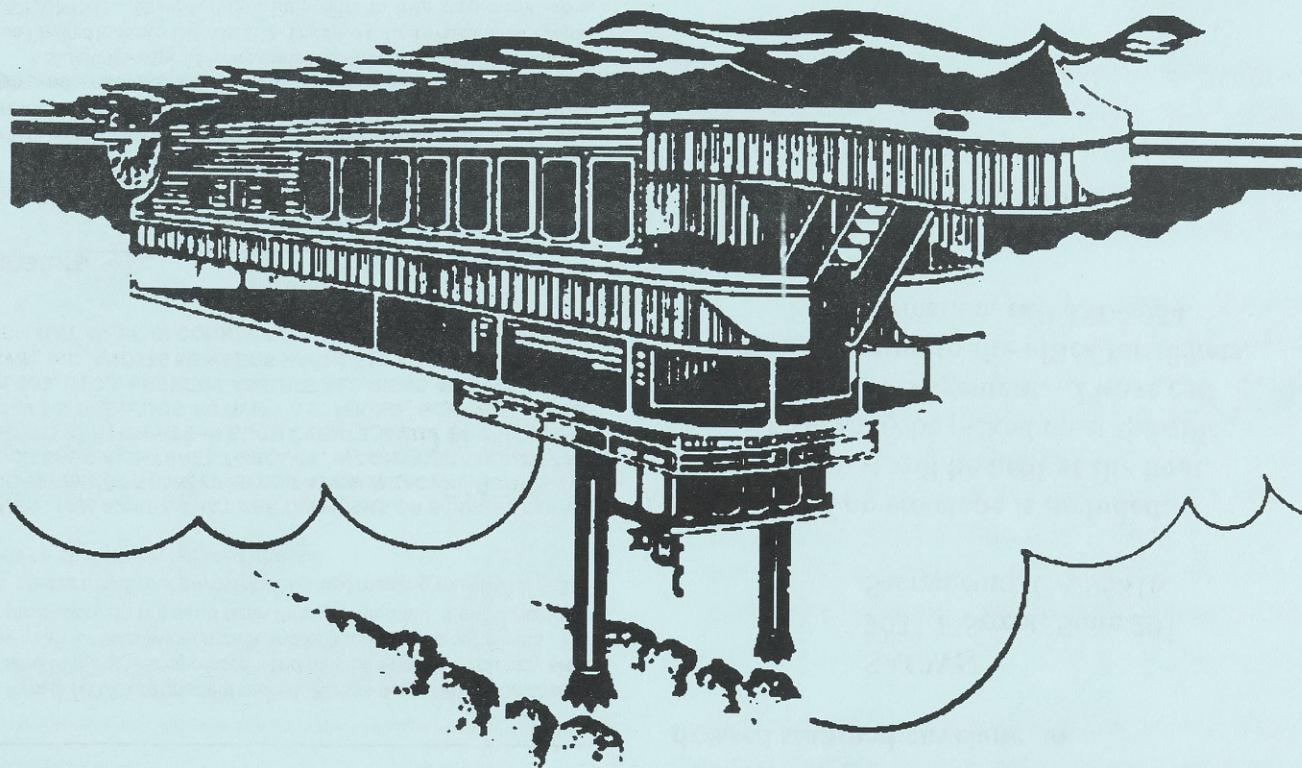
	Per Person Price	# Tickets
Subscribers:	\$24.50	_____
Non-subscribers:	\$29.50	_____
Limited Income:	\$22.00	_____

All tickets must be purchased in advance.
Mail check, payable to SACWN, with **self addressed stamped envelope** to:

SACWN
3031 F Street, Suite 201
Sacramento, CA 95816

**If no envelope is included,
ticket(s) will be held at the boat.**
Tickets may be picked up at the office
by **pre-arrangement**. Please call
before coming to the office for tickets.
For information, call **451-8034**.

This event is for women over 21 only.



SACWN

SACRAMENTO AREA CAREER
WOMEN'S NETWORK INC.

3031 F Street, Suite 201
Sacramento, CA 95816

CRUISE WITH SACWN IN MAY!!!